

# **Community Resource List**

### Safety and Mental Health

Emergency: Dial 911 Non-Emergency: Clatsop County Dispatch: 503-325-2061 (option 1) Pacific County Dispatch: 360-875-3937

#### Clatsop Behavioral Healthcare

Psychiatric, substance abuse and crisis services Walk-in, Mon-Fri, 9am-3pm, 115 W Bond Street, Astoria 24 hour crisis line: (503) 325-5724 Make an appointment: (503) 325-5722

## Mental Health & Crisis Support | CCC

Free counseling services for CCC students. Available drop-in and by appointment Mon-Fri, 1pm-5pm. Lexington Campus, Services Building 107 <u>mpayton@clatsopcc.edu</u> 503-338-2409

### National Suicide and Crisis Lifeline

"Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone." Dial 988 or navigate to the website for text chat

### The Harbor Advocacy Center

Advocacy, prevention and support for survivors of domestic violence, sexual assault and stalking **24/7 Support**: (503) 325-5735

### Warmline - Community Counseling Solutions

A welcoming place for anyone to connect with a person for confidential, nonjudgmental peer support. No appointment needed. Talk to someone over the phone. Available 24/7: 1-800-698-2392

### Willapa Behavioral Health & Wellness

Treatment and support to include mental health, addiction, & domestic violence. Schedule an appointment in Long Beach, open till 7pm Mon-Thur, (360) 642-3787 24 hour crisis line: (800)-803-8833

#### Transportation

#### Sunset Empire Transit District

Bus and paratransit Services 900 Marine Drive, Astoria OR 97103 1-866-811-1001 RidePal: (503) 861-RIDE (7433)

# Housing, Employment, Basic Needs Resource Referrals 211 Info –

Find the resources you need. Search in web browser, email, text or speak to a person for 24/7 Resource Referrals: Dial 211 or 1-866-698-6155.

#### Basic Needs | Clatsop Community College

Benefits Navigator, Kathy Bode Free bus passes, gas cards and resource referrals for students <u>kbode@clatsopcc.edu</u> (503)338-2531

#### **Clatsop Community Action**

Housing & energy assistance, food pantry and meal sites, information and referrals (503) 325-1400 <u>CCA-Resource-Directory-2024.pdf</u>

### Veteran Services Office | Clatsop Community Action

Provides a wide range of free services to veterans, authorized dependents, and survivors who reside in Clatsop County. Lexington Campus, Services Building, 971-308-1045

#### WorkSource Oregon

Clatsop County Residents on SNAP (Food Stamps), who are over 18, and apply for the <u>STEP</u> program may qualify for assistance with: Tuition, books and supplies, phone/internet, laptops, gas cards & transportation, housing, paying for Identification (driver's license, ID, birth certificate, work permit), and clothing. Norma Lamb, Business and Employment Specialist <u>Norma.j.lamb@enploy.oregon.gov</u> 503-378-8079

Students near completion of short-term certificates may qualify for help with: Tuition, books, gas cards & transportation, housing and career assessments. Jodi Anderson, Talent Development Specialist-EQUUS Jodi.anderson@equusworks.com 503-741-5350 Cooperative Work Experience | CCC

Clatsop Community College is an affirmative action, equal opportunity institution. ADA accessible. For the complete Non-Discrimination and Accommodations statements, please visit https://www.clatsopcc.edu/ada.

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Paid work experience or earn college credit for internships through the college. Contact Misty Bateman <u>mbateman@clatsopcc.edu</u> 503-338-2507

### Career Pathways | Clatsop Community College

Students in the Career Pathways Program may qualify for assistance with: Books and supplies, phone/internet, laptops, gas cards & transportation, career assessments, and clothing. Tammy Heintz, Career Pathway Grant Coordinator, CCC <u>theintz@clastopcc.edu</u> 503-338-7604

## Oregon Department of Human Services

SNAP (Food Stamps) and more Office in Astoria open Mon-Fri, 8am-5pm, 503-325-2021, or apply online: <u>ODHS : Benefits</u>

# Washington Department of Social and Health Services

SNAP (Food Stamps), and more Office in Long Beach open Tue/Thur, 10am-2pm, (877) 501-2233, or apply online: <u>Washington Connection</u>

# Free or discounted phone/internet for people on SNAP or Pell Grant:

- Oregon Lifeline : State of Oregon
- Lifeline phone services | Washington State

# Free Food Pantries:

Bandit Food Pantry | Clatsop Community College Free food and clothing closet for CCC Students. Tue, Wed, Thur from 11am-2pm Lexington Campus, Services Building foodpantry@clatsopcc.edu 503-338-2355

# CCA Regional Food Bank Mobile Produce Pantry

Free food at various locations, seasonally. Phone: 503-861-FOOD (3663)

# Cannon Beach Community Food Pantry

Weds, 3-5pm 368 Beaver St, Cannon Beach 971-326-0479

# Clatsop Emergency Food Pantry– First Presbyterian

Astoria residents. Mon-Fri from 3-4pm. 1103 Grand, Astoria 503-325-1702

### Grace Food Pantry Grace Episcopal Church

Tues & Thurs, 9-11:30am. 1545 Franklin St, Astoria 503-325-4691

### KNAPPA FOOD PANTRY

Monthly emergency food boxes. Tues & Thurs, 2-3pm. 42889 Old Hwy 30, Knappa 503-458-6540

#### Manna House Food Pantry at Lighthouse Christian Church

3rd Saturday of each month 9:00am to 11:00am or by appointment for other days. 88786 Dellmoor Loop Rd, Warrenton 503-738-5182

## Ocean Park Food Bank

Tues, Thurs, Fri: 10:00am - 2:45pm Wed: 10:00am - 6:00pm 1601 Bay Avenue, Ocean Park, WA 360-665-6567

# St. Vincent de Paul Food Pantry in Gearhart

M & F, 1-3pm & last Sat, 11am-1pm. 3575 Hwy 101 N, Gearhart 503-717-0444

# St. Vincent de Paul Food Pantry in Astoria

Tues, 1-3pm & Fri& Sat, 10am-noon. 1465 Grand Ave, Astoria 503-325-2007

# South County Community Food Pantry

South county residents. Open Tue, Thu, 1pm-3:45 pm 2041 N Roosevelt, Seaside 503-738-9800

### Warrenton Food Pantry - Calvary Assembly of God

Warrenton, Hammond, & Sunset Beach residents. Mondays from 1-2pm 1365 SW Main St, Warrenton 503-861-1712

# Food for Kids Backpack Programs

Food sent home from school with children on Fridays. Available in Astoria, Knappa and Seaside School Districts. \*Ask the school counselor for information.

# CCA Personal Care Pantry

Personal care products (toiletries, etc) Mon-Thur 9am-12pm & 1-4pm. Fri: 9am 12pm 364 9<sup>th</sup> St., Astoria 503-325-1400

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